Dear Chairman Durbin and Ranking Member Graham,

My name is Glenn Miles.

I have worked for many years with individuals grappling with the consequences of being isolated from any social contact with their peers, or with representative members of the constituted authority.

It has been my observation that what is often not given any degree of attention in the reporting of this issue is the emotions that people feel when subjected to the privations that the lack of social contact can make people feel.

One scholar refers to the experience as being like a kind of social death. These feelings can bring terror to a person's life that can be, and sometimes are fatal, and more times than we know disfigure a person internally beyond repair.

It isn't just abandonment or loneliness people experience when they are locked up alone and cut off from any contact with other human beings, but it is a constant physical, combined with emotional pain.

People in solitary confinement often plead for the executioner's quick and certain relief.

This is cruel and unusual punishment if there ever is to be such a thing.

Change the course of justice in America and help these people come to terms with their social place in society.

Respectfully,

## Glenn Miles